


Case Review/Journey

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Objective

- Case presentation
- Discussion around the case
- Ways of thinking



*Presenting
Complaint*

10-year-old boy

Easy Bruising
- past 4 months



Background

- . Psoriasis
- . Autism spectrum disorder
- . Sleeping stable on Melatonin



Medication

- Melatonin Daily
For psoriasis
- Daivobet cream
- Acitretin 10 mg capsule one every alternate day.
(Started 2 weeks ago)

History

How it started ...

Psoriasis

- Treatment for his psoriasis under a dermatologist
- Current treatment – minimal improvement
- Multiple investigations for consideration of methotrexate.
- Refer for consideration of further investigation for the unusual bruising.
- Normal full blood count and coagulation study

History

Easy bruising:

- Four months
- Different places - leg and the back, neck and arm.
- Minimal trauma.
- No family history
- No bleeding elsewhere including no nose/mouth, joint or muscle bleeding.
- No concerns with bleeding from minor wounds, previous dental extraction, gastrointestinal
- No previous surgery or brain bleeding

History

Other history

- COVID infection in December of last year. Two recent streptococcal infection.
- Recent local reaction to MenZ B immunization
 - (had redness/swelling reaction on his left upper arm).
- intermittent knee pain (no swelling or limping). Gets occasional back pain as well. Exercises makes it worse (random times). No obvious early morning stiffness.