Acne fulminans

- Very severe form of acne conglobata
- Associated with systemic symptoms
- Nearly always affect adolescent males
- Abrupt onset, painful
- Inflammatory & ulcerated nodular acne on chest & back
- Bleeding crusts over ulcers
- Fluctuating fevers, arthralgia, hepatosplenomegaly
- Causes Testosterone, anabolic steroids, oral isotretinoin

Treatment

- Systemic corticosteroids
- Anti-inflammatories such as aspirin
- Dapsone
- Ciclosporin
- High doses of oral antibiotics, ie. Erythromycin
- TNF inhibitors, ie. Infliximab
- Topical acne preparations not effective

Acne scarring



Acne scarring



Conclusion

- Accurate diagnosis of rashes is important
- Facial rashes should only be treated with mild topical steroids for the shortest time possible
- Not all rashes can be treated with topical steroids
- Caution is needed when starting Isotretinoin

