Hepatology quiz

Dr Ming Han Lim Gastroenterologist



a) Puffin

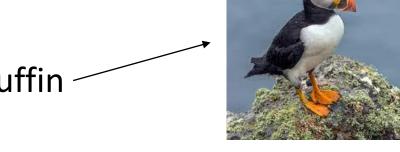
b) Hornbill

c) Toucan

d) Parrot



a) Puffin



b) Hornbill



c) Toucan

d) Parrot

Case 4 – does he need treatment?

• 53 year old man

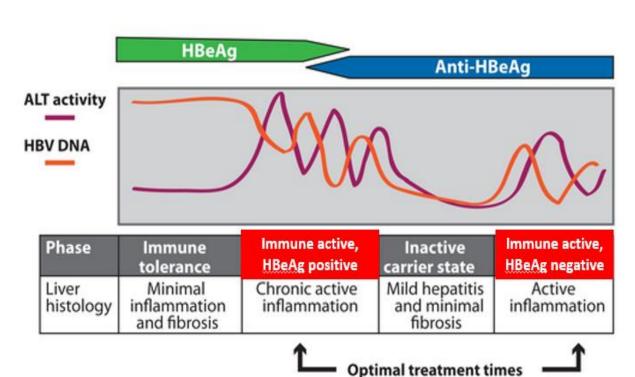
HBV diagnosed in 2016

Asymptomatic

HBeAg negative

- Fluctuating ALT since 2006
 - ALT 200 in February 2018
 - HBV DNA 240 IU/mL in December 2018
- Normal liver function tests since May 2018 (current ALT 15)
- Fibroscan: 4.1 kPa, consistent with no significant fibrosis

Case 4 – does he need treatment?



Normal liver function tests since May

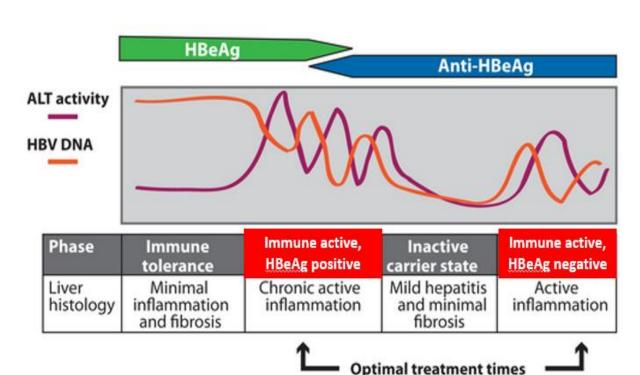
- Fibroscan: 4.1 kPa, consistent with no significant fibrosis
- **Ex PHARMAC criteria for antiviral therapy in HBeAg -ve HBV**
- Abnormal ALT AND
- HBV DNA >2000 IU/mL AND
- At least stage 2 fibrosis on liver histology

- HBeAg negative
- Fluctuating ALT since 2006

2018 (current ALT 15)

- ALT 200 in February 2018
- HBV DNA 240 IU/mL in December 2018

Case 4 – does he need treatment?



- Ex PHARMAC criteria for antiviral therapy in HBeAg -ve HBV
- Abnormal ALT AND
- HBV DNA >2000 IU/mL AND
- At least stage 2 fibrosis on liver histology

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- HBV DNA 12300 IU/mL

REACH-B Score for Hepatocellular Carcinoma (HCC)

Estimates risk of hepatocellular carcinoma (HCC) in patients with chronic hepatitis ${\sf B}.$





Case 4

- 53 year old man (e-antigen negative)
- Fluctuating ALT since 2006
 - ALT 200 in February 2018
 - HBV DNA 240 IU/mL in December 2018
- Normal liver function tests since May 2018 (current ALT 15)
- Fibroscan: 4.1 kPa, consistent with no significant fibrosis
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REACH-B Score for Hepatocellular Carcinoma (HCC)

Estimates risk of hepatocellular carcinoma (HCC) in patients with chronic hepatitis ${\sf B}.$

Pearls/Pitfalls > Female 0 Male +2 Sex Age, years 30-34 0 35-39 +1 40-44 +2 45-49 +3 50-54 +5 55-59 60-65 +6 ALT, U/L <15 0 15-44 +1 ≥45 +2 **Negative** HBeAg Positive +2 Hepatitis B virus DNA <300 (undetectable) 0 level, copies/mL 0 300-9,999 10,000-99,999 100,000-999,999 ≥10°

REACH-B Score for Hepatocellular Carcinoma (HCC)

Estimates risk of hepatocellular carcinoma (HCC) in patients with chronic hepatitis B.

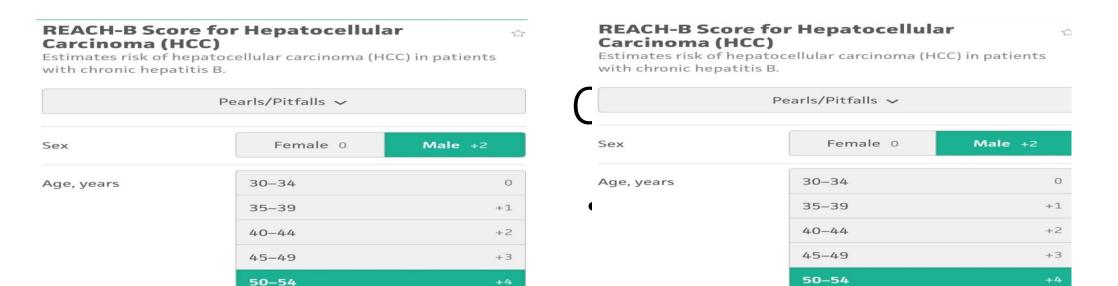




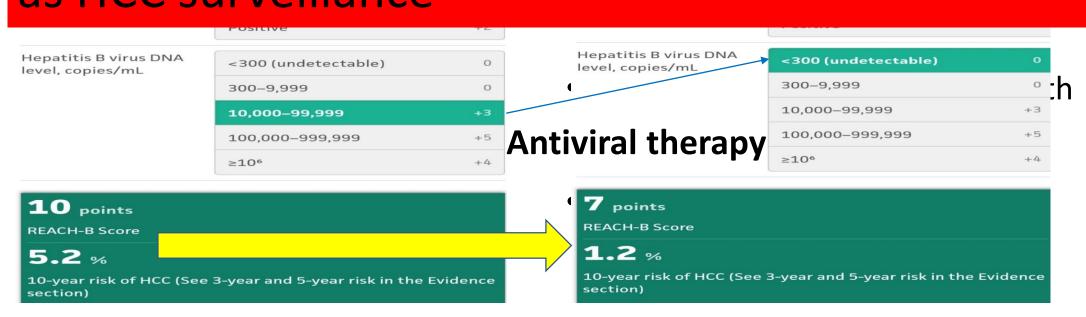
7 points

1.2 %

10-year risk of HCC (See 3-year and 5-year risk in the Evidence section)



This patient will need 6 monthly liver ultrasound as HCC surveillance





a) Potoo

b) Lizard

c) Owl

d) It is not an animal

